

HLTAID009

# Provide Cardiopulmonary Resuscitation

THE HLTAID009 – PROVIDE CARDIOPULMONARY RESUSCITATION (CPR) COURSE IS A NATIONALLY RECOGNISED UNIT THAT EQUIPS PARTICIPANTS WITH THE ESSENTIAL SKILLS TO RESPOND TO CARDIAC EMERGENCIES AND PERFORM LIFE-SAVING CPR. KEY FEATURES INCLUDE HANDS-ON PRACTICAL TRAINING IN CHEST COMPRESSIONS, RESCUE BREATHING, AND THE SAFE USE OF AN AUTOMATED EXTERNAL DEFIBRILLATOR (AED), ALONG WITH RECOGNISING SIGNS OF CARDIAC ARREST AND FOLLOWING CORRECT EMERGENCY RESPONSE PROCEDURES. THE COURSE EMPHASISES QUICK DECISION-MAKING, EFFECTIVE COMMUNICATION, AND ADHERENCE TO AUSTRALIAN RESUSCITATION COUNCIL (ARC) GUIDELINES AND WORKPLACE HEALTH AND SAFETY (WHS) REQUIREMENTS. THE BENEFITS INCLUDE INCREASED CONFIDENCE AND COMPETENCE TO ACT IN LIFE-THREATENING SITUATIONS, THE ABILITY TO PROVIDE IMMEDIATE AND POTENTIALLY LIFE-SAVING ASSISTANCE, IMPROVED SAFETY OUTCOMES IN WORKPLACES AND THE COMMUNITY, AND COMPLIANCE WITH INDUSTRY AND REGULATORY REQUIREMENTS WHERE CPR CERTIFICATION IS MANDATORY.



Newcastle Rescue and Consultancy Pty Ltd

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Beresfield, NSW 2322

# HLTAID009 Provide Cardiopulmonary Resuscitation



Release #: 1 | Release Date: 16/10/2020

## Course Description

This unit describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) guidelines.

This unit applies to all persons who may be required to provide CPR, in a range of situations, including community and workplace settings.

Specific licensing/regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant national/state/territory Work Health and Safety Regulatory Authorities.

## Target Cohort / Entry Requirements

This course is intended for:

- Workplace employees across all industries (e.g. construction, offices, retail, hospitality, healthcare) who may need to respond to emergencies
- Designated first aiders and emergency response personnel within organisations
- Supervisors, team leaders, and managers responsible for staff health and safety
- Construction and high-risk industry workers where first aid certification is often mandatory
- Teachers, childcare workers, and community service staff who have a duty of care
- Fitness instructors, coaches, and sports personnel responsible for participant safety
- New employees or job seekers requiring first aid certification to improve employability
- General community members who want the skills and confidence to respond to medical emergencies in everyday situations

Entry requirements may include:

- Language, literacy, numeracy and digital skills (LLND test may apply)
- Minimum age of 18 (If under 18 parental consent is required).
- Physical requirements - A participant must be in good health and medically fit for work.
- All students participating in VET qualifications are required to have a Unique Student Identifier (USI).
- The RTO will provide the prospective student with a Course Suitability Checklist that will help the student and the Trainer / Assessor if the course is relevant and applicable to students' needs.

- The RTO will provide constructive and honest feedback to the prospective student if it is decided that the VET student does not yet have the LLN+D skills or meet the entry requirements to cope with the rigor of the training and assessment material and process.

## Selection Criteria

Learners should demonstrate:

- Reading and writing ability in varied contexts
- Oral communication and comprehension skills
- Basic numeracy and mathematical problem-solving

## Course Duration & Delivery

- **Delivery Mode:** Face-to-face
- **Delivery Location:** 1/6 Pippita Close Beresfield NSW 2322
- **Duration:** 4 hours (1/2 day)

## Assessment Information

Assessment methods may include:

- Written tasks
- Practical demonstrations
- Simulated tasks

## Resources to be provided by the VET Student

- Transport to training facility.
- Appropriate clothing, closed-in footwear.
- Students will be required to provide their own digital devices, able to access reliable internet

## Resources and services to be provided by the RTO

- A safe, inclusive and engaging learning environment.
- Pre-enrolment processes to ensure the course is appropriate and suitable for VET Students' needs.
- Access to LMS with personal secure login
- All Learning and Assessment resources.
- Public liability Insurance Cover (for on- and off-site training).
- Risk assessed facilities, equipment and processes for safety and duty of care, including accessibility.
- Policies and procedures to ensure and monitor delivery of high-quality services.

## Course Fees

- **Total Course Fee:** \$325.00 per person

Please note all course fees must be paid before issuing qualifications.

## Refund Policy

Refer to the Enrolment Agreement or Student Handbook for full terms, including refund conditions and withdrawal procedures. This can be accessed via the website <https://newcastlerescue.com.au/resources/>.

## Support Services

All students have access to:

- LLND support.
- Wellbeing and counselling referral.
- Trainer support (via email [enquiries@newcastlerescue.com.au](mailto:enquiries@newcastlerescue.com.au), phone 1300 356 686, or online platform <https://newcastlerescue.com.au/resources/>).
- The enrolment application process identifies any support needs and possible matters which may impact training and assessment via the Suitability Checklist.
- Contextualisation and additional support needs are reviewed for reasonable adjustment and implementation prior to training commencement.
- Support, progression and adjustments are reviewed throughout the nominal duration of the training.

## Recognition of Prior Learning (RPL) & Credit Transfer

All students may apply for RPL or Credit Transfer.

More information is available in the Student Handbook or from Newcastle Rescue and Consultancy Pty Ltd and RTO Website <https://newcastlerescue.com.au/resources/>.

## Units of Competency

Code	Title
HLTAID009	Provide Cardiopulmonary Resuscitation

*The RTO reserves the right to adjust elective units to meet training package requirements.*

*Please refer to the Enrolment Form, for the terms and conditions of enrolment, which includes Enrolment and Selection; Training Guarantee; Course Fees, Payments and Refunds; Course Fees paid in Advance; Recognition of Prior Learning (RPL) or Credit Transfer*