



First Aid & CPR

HLTAID011 Provide First Aid
HLTAID009 Provide Cardiopulmonary Resuscitation

THE COMBINED HLTAID011 – PROVIDE FIRST AID AND HLTAID009 – PROVIDE CARDIOPULMONARY RESUSCITATION (CPR) COURSE DELIVERS COMPREHENSIVE, NATIONALLY RECOGNISED TRAINING IN EMERGENCY RESPONSE, EQUIPPING PARTICIPANTS WITH THE KNOWLEDGE AND PRACTICAL SKILLS TO MANAGE A WIDE RANGE OF FIRST AID SITUATIONS. KEY FEATURES INCLUDE HANDS-ON TRAINING IN CPR, USE OF AN AUTOMATED EXTERNAL DEFIBRILLATOR (AED), AND TREATMENT OF COMMON INJURIES AND MEDICAL CONDITIONS SUCH AS BLEEDING, BURNS, FRACTURES, CHOKING, AND SHOCK. THE COURSE EMPHASISES RAPID ASSESSMENT, EFFECTIVE COMMUNICATION, AND ADHERENCE TO WORKPLACE HEALTH AND SAFETY (WHS) AND FIRST AID GUIDELINES. THE BENEFITS INCLUDE INCREASED CONFIDENCE AND CAPABILITY TO RESPOND TO EMERGENCIES, IMPROVED WORKPLACE AND COMMUNITY SAFETY OUTCOMES, COMPLIANCE WITH REGULATORY AND INDUSTRY REQUIREMENTS, AND THE ABILITY TO PROVIDE POTENTIALLY LIFE-SAVING ASSISTANCE IN BOTH WORKPLACE AND EVERYDAY ENVIRONMENTS.



Newcastle Rescue and Consultancy Pty Ltd

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First Aid & CPR

HLTAID011 Release #: 1 | Release Date: 16/10/2020

HLTAID009 Release #: 1 | Release Date: 16/10/2020



Course Description

HLTAID011 Provide First Aid

This unit describes the skills and knowledge required to provide a first aid response to a casualty in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies.

The unit applies to all persons who may be required to provide a first aid response in a range of situations, including community and workplace settings.

Specific licensing/regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant national/state/territory Work Health and Safety Regulatory Authorities.

HLTAID009 Provide Cardiopulmonary Resuscitation

This unit describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) guidelines.

This unit applies to all persons who may be required to provide CPR, in a range of situations, including community and workplace settings.

Specific licensing/regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant national/state/territory Work Health and Safety Regulatory Authorities.

Target Cohort / Entry Requirements

This course is intended for:

- Workplace employees across all industries (e.g. construction, offices, retail, hospitality, healthcare) who may need to respond to emergencies
- Designated first aiders and emergency response personnel within organisations
- Supervisors, team leaders, and managers responsible for staff health and safety
- Construction and high-risk industry workers where first aid certification is often mandatory
- Teachers, childcare workers, and community service staff who have a duty of care
- Fitness instructors, coaches, and sports personnel responsible for participant safety
- New employees or job seekers requiring first aid certification to improve employability

- General community members who want the skills and confidence to respond to medical emergencies in everyday situations

Entry requirements may include:

- Language, literacy, numeracy and digital skills (LLND test may apply)
- Minimum age of 18 (If under 18 parental consent is required).
- Physical requirements - A participant must be in good health and medically fit for work.
- All students participating in VET qualifications are required to have a Unique Student Identifier (USI).
- The RTO will provide the prospective student with a Course Suitability Checklist that will help the student and the Trainer / Assessor if the course is relevant and applicable to students' needs.
- The RTO will provide constructive and honest feedback to the prospective student if it is decided that the VET student does not yet have the LLN+D skills or meet the entry requirements to cope with the rigor of the training and assessment material and process.

Selection Criteria

Learners should demonstrate:

- Reading and writing ability in varied contexts
- Oral communication and comprehension skills
- Basic numeracy and mathematical problem-solving

Course Duration & Delivery

- **Delivery Mode:** Face-to-face
- **Delivery Location:** 1/6 Pippita Close Beresfield NSW 2322
- **Duration:** 8 hours (1 day)

Assessment Information

Assessment methods may include:

- Written tasks
- Practical demonstrations
- Simulated tasks

Resources to be provided by the VET Student

- Transport to training facility.
- Appropriate clothing, closed-in footwear.
- Students will be required to provide their own digital devices, able to access reliable internet

Resources and services to be provided by the RTO

- A safe, inclusive and engaging learning environment.
- Pre-enrolment processes to ensure the course is appropriate and suitable for VET Students' needs.
- Access to LMS with personal secure login
- All Learning and Assessment resources.
- Public liability Insurance Cover (for on- and off-site training).
- Risk assessed facilities, equipment and processes for safety and duty of care, including accessibility.
- Policies and procedures to ensure and monitor delivery of high-quality services.

Course Fees

- **Total Course Fee:** \$349.00 per person

Please note all course fees must be paid before issuing qualifications.

Refund Policy

Refer to the Enrolment Agreement or Student Handbook for full terms, including refund conditions and withdrawal procedures. This can be accessed via the website <https://newcastlerescue.com.au/resources/>.

Support Services

All students have access to:

- LLND support.
- Wellbeing and counselling referral.
- Trainer support (via email enquiries@newcastlerescue.com.au, phone 1300 356 686, or online platform <https://newcastlerescue.com.au/resources/>).
- The enrolment application process identifies any support needs and possible matters which may impact training and assessment via the Suitability Checklist.
- Contextualisation and additional support needs are reviewed for reasonable adjustment and implementation prior to training commencement.
- Support, progression and adjustments are reviewed throughout the nominal duration of the training.

Recognition of Prior Learning (RPL) & Credit Transfer

All students may apply for RPL or Credit Transfer.

More information is available in the Student Handbook or from Newcastle Rescue and Consultancy Pty Ltd and RTO Website <https://newcastlerescue.com.au/resources/>.

Units of Competency

Code	Title
HLTAID011	Provide First Aid
HLTAID009	Provide Cardiopulmonary Resuscitation

The RTO reserves the right to adjust elective units to meet training package requirements.

Please refer to the Enrolment Form, for the terms and conditions of enrolment, which includes Enrolment and Selection; Training Guarantee; Course Fees, Payments and Refunds; Course Fees paid in Advance; Recognition of Prior Learning (RPL) or Credit Transfer